

September Faith Formation 2024



I am reading this great book called *“Rooted In Wonder, Nurturing Your Family's Faith Through God's Creation”* by Eryn Lynum. It's all about learning about God and His word through nature that is all around us. God speaks to us through Nature all the time if we just stop and pay attention. I highly suggest you get the book and read it. But here is an

activity from the book that I suggest you try with your friends and family.

- Read Genesis 1:1-8 - Talk about how God was setting the stage for life. What is your favorite thing God created?
- Read Genesis 1:9-10 - Would you rather play in the ocean or lake? What's your favorite thing to do in (or on) the water?
- Read Genesis 1:11-13 - Would you rather climb a tree or pick flowers? What is your favorite fruit? What is your favorite flower or plant?
- Read Genesis 1:14-19 - Would you rather watch a sunrise/sunset or lie beneath a starry sky? Have you ever seen a shooting star?
- Read Genesis 1:20-23 - What is your favorite bird? Favorite sea creature? Would you swim with dolphins if you had the chance?
- Read Genesis 1:24-25 - What's your favorite animal and where does it live? Do animals have important jobs? What would the world be like without animals?
- Read Genesis 1:26-27 - Who are some people who are important to you and why? Talk about how God created everyone and God has plans for all of His people. Thank God for the people in your life
- Go outside and choose something you see in the nature around you. Ask yourself; what do you think God was thinking about when he created that? What is its strength? What details about God does it reflect?